



# Riverton Review

November 2018



## “The Gem of Arlington” – Riverton Tower Senior Center

by Alan Abel

I recently had a poolside chat with Ken Jones, Director of CIS & Physical Facilities. I left the 45-minute conversation with a certain sense of excitement especially since Ken emphasized that it is his personal goal to “return the property to the gem it once was”. He said more than once that his desire is for the property to become “The Gem of Arlington”. He says part of his job is to “modernize and beautify the property”. Step-by-step he says it will be done.

This is to advise of current and upcoming developments to the property:

**Elevator Monitor** is for Notifications & Events and rolls and scrolls so watch it. Staff can modify at any time and instantly put on notice if needed. It is a “Live Page”.

**Rental Office Display Monitor** shows the property to include Floor Plans & Photos of the units. This monitor will also advise of current projects underway.

**55” TV in Café** is for the benefit of the residents (football parties). Available are 56 broadcast channels.

**Free TV Service** (56 broadcast channels – not cable) is available to the residents if you want to connect to the building’s antenna. This free TV service is for the Living Room. There is a fee associated with a connection to the Bedroom. Contact the office.

**Lobby Ceiling:** Repairs above the ceiling have been completed. Staff is “preparing to give focus” to the exterior of the lobby ceiling itself, to make it “nice and presentable” over the next few weeks.

**4<sup>th</sup> Floor Renovation** will commence in the near future with the goal of adding 15 new apartment units. 4G will be first. Length of time is unknown.

In keeping with the goal of modernity, I was particularly pleased to hear of plans for the

**Two Elevators:** There are plans to replace the elevator hoists in the near future. The hoists lowers and lifts the cars. Hopefully, with efficiencies and cost savings, both hoists may be replaced a week apart. With each elevator hoist, that particular elevator will be down for a week. This will lead into eventual bigger elevator renovation with the replacement of the two elevator cars. Timing is unknown. The new cars will be a little faster and we will be able to have “Elevator Music” piped in if so inclined, identical to the “Elevator Music” now being enjoyed in the Lobby. By the way, this music is from the former Jones Radio station. Consideration is also being given to having Display Monitors in the new elevator cars so we can “Ride & Read”.

**Website:** Unrelated to my Ken Jones conversation, I recently looked at the website, rivertontower.org, and was impressed with how organized and up-to-date it was. Kudos.

### Strength & Balance Exercises

We’re excited to invite you to join Shirley Daniels beginning Nov. 6 on Tuesday and Thursday mornings at 11:00am for Strength & Balance Exercises. For those not at home during the day, she will also be exercising on Thursday evenings at 7:00pm.

No equipment necessary. Most activities can be done from a chair, so don’t let physical problems stop you from participating! Check it out in the Exercise Room (Room 108).

### Medicare Information

During this on-going open enrollment period, Ruth Bannon and Karen O’Brien, Senior Market Specialists, will return to our lobby on Saturday, Nov. 10, 11:00am until 1:00pm to answer any of your questions and explain your options. They are happy to help!

### Vote Tuesday, Nov. 6 – Mid-Term Election

Our Precinct (Duval #107) votes at the Arlington Baptist Church, 6009 Arlington Road.

Early Voting and Vote by Mail is currently underway.

Questions: duvalelections.com or (904) 630-1414.







### Riverton Tower Library News – 160+ Large Print Books

A lot of our residents have asked to have more LARGE PRINT books in our library. We are in the process of adding many to our library. There will soon be over 160 large print books with more to come. Let the librarians know if you have a favorite author/s so we might be able to find some that you like. This is a good chance to try different authors. Grace has worked very hard to make all the fiction books more accessible to you. They have been spread out and moved up from the bottom shelf. Come in and check out the new layout. Thank you, Grace!

### Village of Hope Hours of Events

Noon to 2:00pm Mondays: Free Quality Food in God's Food Store  
7:00pm Mondays: Painting with Purpose for Women with Pastor Kelly  
7:00pm Mondays: Men's Bible Study  
5:30pm Wednesdays: Dinner in God's Café  
7:00pm Wednesdays: Bible Study  
5:30pm Saturdays: Dinner in God's Café  
7:00pm Saturdays: Praise & Worship

Note: God's Food Store is also opened after each of the above activities.

All Village of Hope Activities are on the Second Floor and are open to all residents.



### Reminders....

**Mail:** We have several new mailpersons. If you accidentally get someone else's mail, please deliver it to correct door or bring it to the office and we will get it delivered.

**Shopping Carts:** Residents periodically need to use the shopping carts. Return them promptly after use! Do not keep them in your apartments or leave them in hallways.

**Exit Doors:** With the cooler weather coming, please make sure the Exit Doors close completely when entering/exiting the building. Keep the breeze out!

**No Smoking:** Remember there is no smoking allowed in common areas ever!

**An Emergency Contact Number (904)-512-6304** has been established by Riverton Tower Senior Center, Inc. and is in operation. This number will be answered 24 hours a day, 7 days a week by our staff.

### Greeting Cards & Scrapbooking

Thank you to the ladies who participated in the Greeting Card class and to all those who stopped by to see our creativity. The cards looked very professional. Be on the lookout for news on the scrapbooking class in November. Date and place still to be determined.

**Jim Fortuna Senior Center** is located in the Ed Austin Regional #2 Park. Entrance on McCormick or on Monument across from Publix. Jim Fortuna is not a Nutritional Center so it does not serve meals. Everyone brings their own lunch or snack for the day. They are an Activities Center. The Center has at least 2 exercises daily of one kind or another including Chair Yoga, Chair Dancing, Advanced Tai Chi, Zumba Gold, Lifetime Fitness. Some of the instructors charge a small fee. Some of them are free. You can learn Line Dancing on Thursday at 1:00pm for \$2.00 each week. The Center offers every card game you can think of, Board games, Mah-Jongg, weekly Trivia Game on Wednesday, 11:30. Bring your friends and your lunch and form a team. Carol Baw says she has made so many friends there in the 5 years she has been a member. Check them out!

**Welcome New Residents** Fred Hoener and John MacDonald.



### Riverton Review

Contributions are welcome to include news, items of interest, tid-bits, activity info w/date, time & place. Email info to Alan Abel by the 25th of the month for inclusion in the next Riverton Review.

Type RIVERTON REVIEW in your email's subject.

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### November Contributors:

Shirley Daniels, Carol Baw, Barbara Goodwin, Sherry Jones, Gary Beckman, Dr. Larry Wright, Ken Jones, Becky Davis, Kathy Gerding, Alan Abel.

