

'My View'

by Alan Abel

Ever since I moved here 10 years ago this month, I have wanted a painting of my view. Since I'm not getting any younger I decided to go ahead and commissioned an artist, my sister, Cindy Abel Zeigler, to paint 'My View'. Cindy (cindyzeigler.com) is a protégé of the internationally acclaimed Impressionistic artist C.W. Mundy (cwmundy.com).

The 60x36 painting was recently finished and I celebrated by inviting my five brothers & sisters and four spouses to a dinner/unveiling party in my unit. The dinner was catered by Jacksonville Beach Chef Gregory Paul.

Speaking of family, it might be of interest to note that all six Abel siblings grew up in Indiana, then spread out throughout the country. And only by a strange quirk of fate, we all relocated to Jacksonville over the last several years, having come from Indiana, Illinois, Ohio, California, and Destin, Florida.

Who would have thought? All of us continue to be in the state of awe and consider it a blessing that we are all together in Jacksonville during our senior years. We have a lot of fun together. What's more is that my five brothers and sisters and their four spouses all live in the same condominium project, Heritage Deerwood, near The Town Center. All nine of them live within a short walk of each other. They would like me to move to their neighborhood, too.

Nope. I have always liked high-rise living, and the thing that makes me stay put is my view.



Brothers & Sisters: Twins, Eric Abel & Alan Abel, Cindy Abel Zeigler (the artist), Greg Abel, David Abel, Cerenna Abel Solecki.

Restaurant Recommendation from Sherry

One of my favorite seafood restaurants is Safe Harbor located right on the water next to many shrimp/fish boats. It is across the street from the Safe Harbor Seafood Market. Eat a great meal and shop for fresh fish.

Safe Harbor Seafood Restaurant (closed Monday)
4378 Ocean St. #3 - Atlantic Beach



Hallways

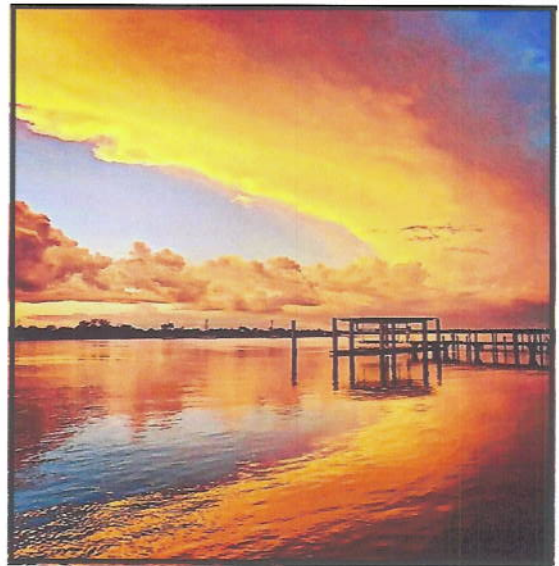
This is a reminder that it is against the fire code and is a liability to have items in the hallways. This includes water bottles, walkers/wheelchairs, plants, decorative items, etc. The only item that is allowed is a floor mat in front of your door. Please see that all other items are removed immediately.

Jacksonville Sheriff's Deputies Are Coming to Riverton Tower

There is safety in education. Please come to the Poolside Café on Monday, September 12 at 1:00pm. We will have three JSO officers talking with us about how to protect ourselves from fraud and scams committed on seniors. Learn how you can get involved. There will be a Q & A at the end of the session. Mark your calendar.

Photo of the Month by Marta Gherardi

Photo taken from our poolside area.



Resident of the Month

The prime parking spot for September goes to Reena Furr.

Welcome New Residents

Willis & Roxanne Champion
Cheri Hines

Parking Etiquette

Designated parking spaces for people with disabilities are larger than others to allow for these persons to have extra room getting in and out of their cars with wheelchairs, walkers and such. This is a reminder that the space on the sides of the designated spot is not a parking spot and you can receive a ticket from JSO. Your vehicle could also be towed for illegal parking.

Chair Exercise / Time Change

There are now 16 of us participating in Chair Exercises. Some only come when they can and that's perfectly fine. If you are one who cannot fully participate in regular Gym and Sports Club activity, come join us Monday, Wednesday, Friday at 6:30pm (new time). A bit of "oldies" music makes it fun.

Editor's Note - Re: 'My View' - I would like to thank Deedy Creed for her many photos of various sunsets at Riverton Tower. These photos gave inspiration to my sister in her painting of 'My View'. Also, my family is aware that it is my wish to donate the painting to Riverton Tower Senior Center for display in the lobby upon my passing.

Riverton Review is the monthly newsletter for residents of Riverton Tower Senior Center. Contributions are welcome to include news, items of interest, tid-bits, and activity information. Email info to Alan Abel by the 25th of the month for inclusion in the next Riverton Review. Please type RIVERTON REVIEW into your email's Subject.

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September Contributors: Sherry Jones, Monica Drake, Becky Davis, Kathy Gerding, Alan Abel. **Photo of the Month:** Marta Gherardi